

2022

HOW MUCH IMPACT DID WE MAKE THIS YEAR?



183 KG
of plastic bottles
were collected



1.611
trees were
planted by us



35.442 KG
of CO2 converted
into oxygen

24.744.099.646
STEPS

ALMOST
90K
KILOMETRES



FROM
GERMANY
TO
NEW ZEALAND

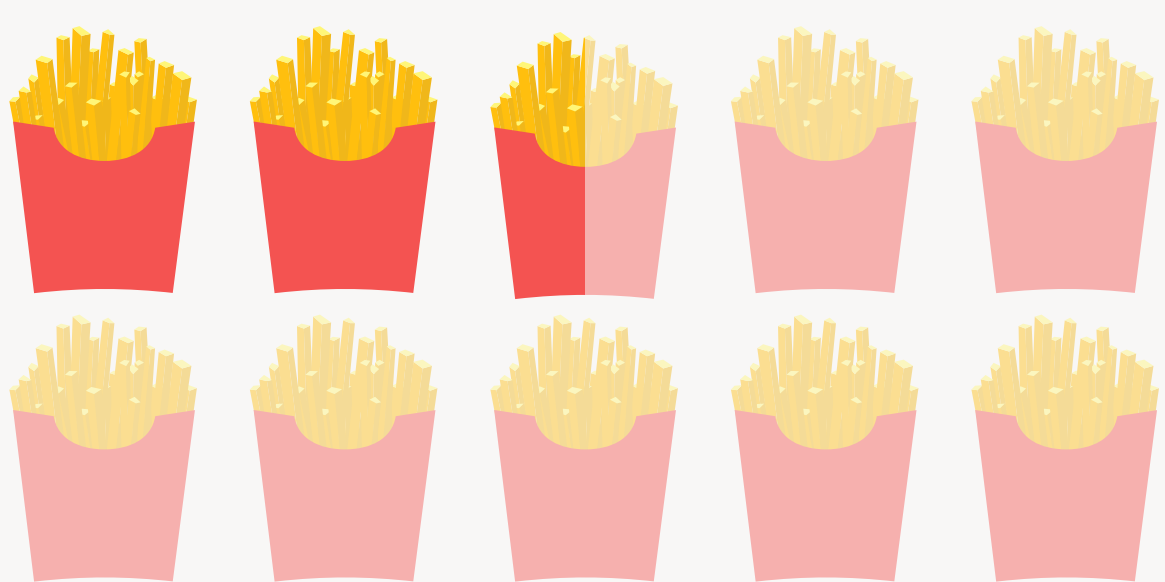
in a month, we did:

2.062.008.303
average steps



36.651
marathons

1.546.506
average distance in KM



1/4 of a Million
french fries portions were burned off



53.159 recipes
were put to the test



16.395.524
Knowledge points
were collected



130 sessions
of Video Coaching
were booked



1M min
were spent on
Mental Health



138.550
Workouts
were completed